



Health Ally

Alliance Health Newsletter

SPECIAL ISSUE

GIVING BACK DURING THE COVID-19 CRISIS

The Covid-19 outbreak developed so quickly that everyone must come together and lend a hand in dealing with the negative economic and social impacts Covid-19 is generating.

As the Covid-19 cases continue to increase, Alliance Health, an administrator of medical aid and health insurance packages, has taken a step towards supporting the global and national fight against the pandemic. The company will pledge its support by donating 20 portable ventilators (including breathing kits, aluminium cylinders and other accessories) and a large supply of various PPE items

These items will be distributed to the following towns and cities; Harare, Bulawayo, Victoria Falls, Hwange, Masvingo, Gweru, Mutare and Kariba.



Alliance Health General Manager, **Millicent Banda** said, "Alliance Health recognizes the intense impact that COVID-19 is bringing about in the lives of Zimbabweans and the world at large. It is our hope that the donated items will help in supporting efforts to protect and preserve the lives of our fellow Zimbabweans".

Alliance Health Medical Director and general practitioner, **Dr. Erin Collins**, said that the ventilators come at a time where they are most needed and are crucial in assisting those affected by the pandemic. She added, "Most COVID-19 patients will recover without requiring the intervention of medical equipment, however there are some that will become seriously ill and require breathing assistance. This is where the ventilators become necessary; to alleviate breathing difficulties and increase levels of oxygen in the lungs by taking over the body's breathing process, which gives the patient time to fight off the infection and recover."

The fight against COVID-19 calls for everyone to observe the health guidelines of social distancing, consistent washing of hands with soap and water, use of hand sanitisers where soap and water are not accessible, coughing/sneezing into a tissue or elbow, and avoiding touching eyes, nose and mouth.



Stay home, stay safe!